

# NEWS RELEASE

Public Information Office, 400 NW 2 Ave., Room 220, Miami, Florida 33128  
(305) 603-6420

MIAMI POLICE DEPARTMENT



Date: September 12, 2016

Subject: HEALTH AND FITNESS FOR MIAMI'S FINEST

Tomorrow, September 14, 2016, between the hours of 11:00 A.M until 2:00 P.M., the Miami Police Department will host the grand re-opening of the newly remodeled Fitness Center. Personalized Health Meal Plans and Fitness Challenges will be also be offered to all City of Miami Police employees.

In conjunction with the new health and fitness motivators being launched, Lopetegui Corporation, the restaurant concessionaire located in the Miami Police Headquarters, will also introduce their newly adapted concept of using Hydrogen Nano Bubble (H2) water, "The Miracle of One Cup of Water" as part of their meal preparation. This new idea of creating healthy antioxidant meal concepts using Nano Bubble (H2) Water, is part of the Department's new "360 Initiative," and is geared towards promoting the Health and Wellness of all Miami Police Department employees.

Chef Hector Lopetegui has decided to use the Nano Bubble (H2) water based on a review of its potent antioxidant effects and the benefits in cooking with Molecular Hydrogen (H2) induced water. This mineral water provides optimum anti-oxidation that can be delivered intra-cellular throughout the body as it has potent free-radical scavenging properties that fight against the cytotoxic hydroxyl radical that is known to cause diseases, cancer and aging. It's no wonder that it's considered South Korea's "Fountain of Youth."

Everyone is encouraged to attend this exciting event to learn more about this newly adopted concept.

**Come join in on all the fun!!!**

**See you there.....**

**MEDIA IS INVITED AND ENCOURAGED TO ATTEND.**

Prepared by: Ofc. Yelitza V. Cedano

Reviewed by: Lt. F. Cruz, II

Case: N/A

Transmittal Date & Time September 12, 2016

**Rodolfo Llanes, Chief of Police**